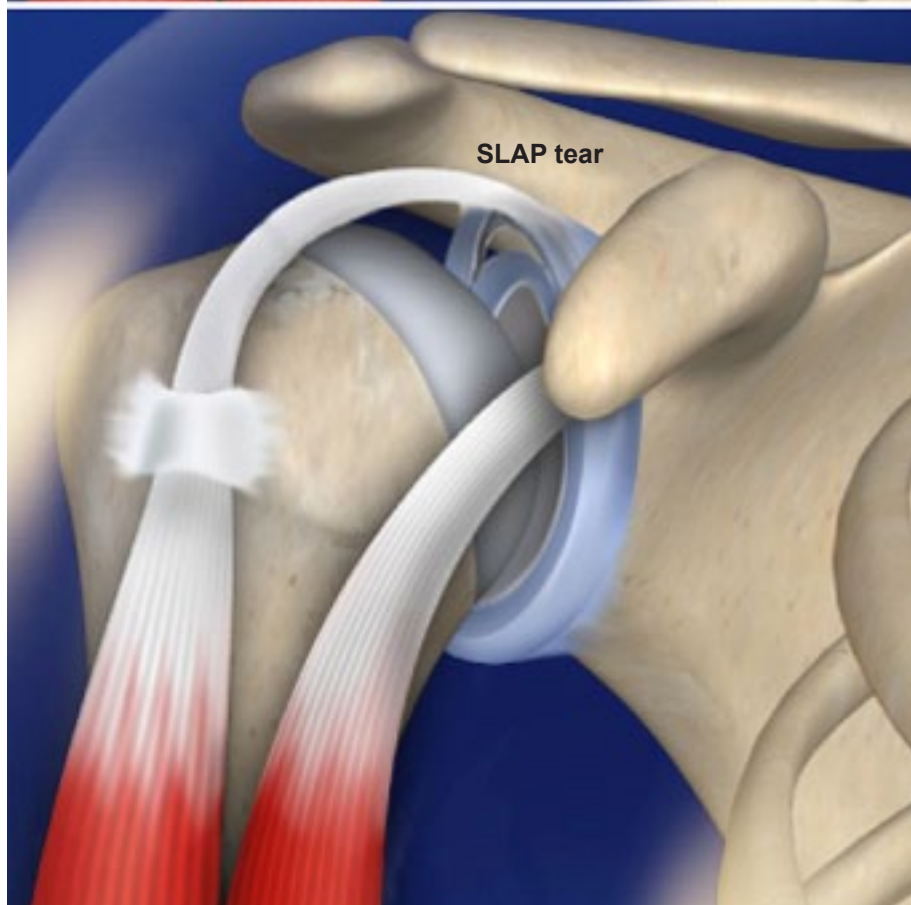
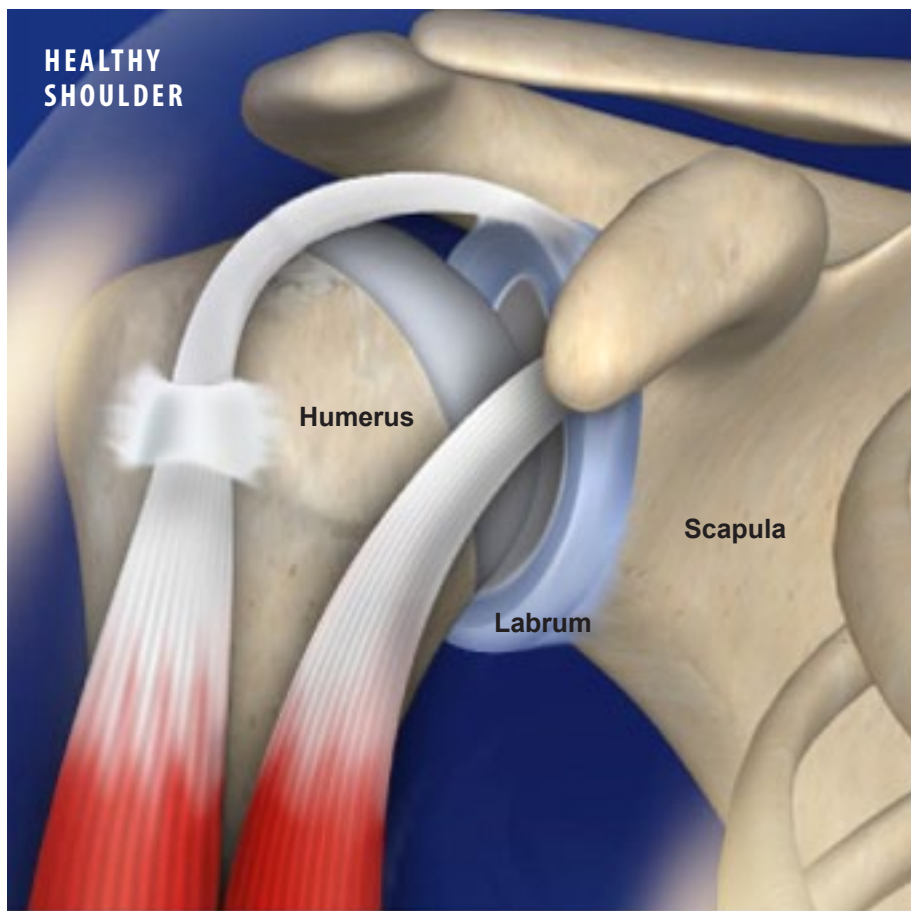


SLAP TEAR (SUPERIOR LABRUM FROM ANTERIOR TO POSTERIOR TEAR)



Overview

This condition is a tear of the labrum in the shoulder joint. The labrum is a ring of cartilage around the shoulder socket that stabilizes the head of the humerus. A SLAP tear occurs at the point where the biceps tendon attaches to the labrum.

Causes

This condition can be caused by trauma to the shoulder, commonly from a fall with the arm outstretched, or by repetitive motions such as throwing or lifting.

Symptoms

Symptoms can include pain and a sensation of catching when the arm is moved, especially during throwing.

Treatment

Treatment options may include rest, anti-inflammatory medications, cortisone injections and physical therapy. If the tear does not heal, surgery may be needed to repair the joint.